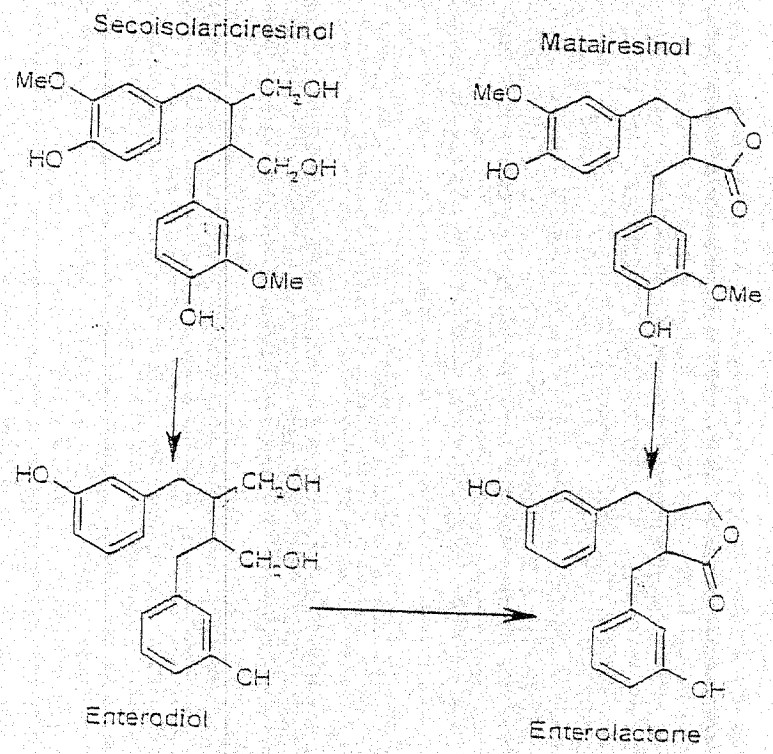
Appendix I

Appendix I:

Metabolic pathway of SDG conversion to enterolactone (EL) and enterodiol (ED)

Conversion of mammalian lignan precursors secoisolariciresinol (SDG) and matairesinol to enterodiol and enterolactone by the gut microflora